

POST-OP



Salivary Endoscopy Now Done at Stony Brook *Gland-Sparing Minimally Invasive Procedure First Performed on Long Island*

In this issue . . .

Introducing Our New Full-Time Faculty
– Colorectal Surgeon
– Head and Neck Surgeon, Otolaryngologist
– Intensivist, Traumatologist, General Surgeon
– Pediatric Otolaryngologist

LI's First LVAD Program For Destination Therapy

New Smithtown Office Expands Our Accessibility

New Surgical Skills Center Provides Simulation Training

Conducting Clinical Trials To Advance Patient Care

Resident Wins Clinical Scholar Research Award

Offering CME Credits
– Saturday Seminar Series
– Surgical Grand Rounds
– Trauma Conference
– Vascular Surgery Conference

Division Briefs & Alumni News

Plus More!

Our otolaryngology-head and neck surgery team performed in October the first salivary endoscopy ever done on Long Island. This new, minimally invasive technique allows for the examination of the salivary ducts under endoscopic guidance. Treatments, such as stone removal, duct dilatation, and steroid injection, can be done at the same time.

Sialolithiasis, or stone(s) in the salivary duct, is the most common disease of the salivary gland. It affects approximately 12 in 1,000 adults. Symptoms of sialolithiasis include pain, intermittent swelling of the gland, and possibly severe infection.

Salivary endoscopy is a minimally invasive technique that allows for salivary gland surgery in a safe and effective way, and is done on an outpatient basis.

The current standard in most institutions for treating salivary duct stones has been surgical removal of the gland that entails an incision in the neck and an overnight stay in the hospital.

Salivary endoscopy spares the gland without risk to adjacent vital structures such as the tongue and facial nerves, and patients can go home the same day.

The success rate of salivary endoscopy is over 90%, as reported in the current



Endoscopic view showing salivary gland stone 0.5 cm in diameter (just under one quarter inch) within the submandibular gland duct, prior to removal.

literature, with less than 5% recurrence. Recovery time is much faster than with an open technique, and patients may return to a normal diet the same day.

continued on Page 2



Otolaryngology-Head and Neck Surgery (ENT) Now Provides Full Range of Specialized Care *Two New Faculty Members Complete Our Team*

We are very pleased to announce that our Division of Otolaryngology-Head and Neck Surgery (ENT) is now complete, with the addition of two key new team members who recently joined the division.

The five-member ENT faculty, under the direction of David A. Schessel, MD, PhD, associate professor of surgery, now provides a full range of specialized care for both adults and children with disorders of the ear, nose, and throat, plus related areas of the head and neck.

Our new faculty members, who have been practicing with us since they came to Stony Brook this past summer, are:

- Mark F. Marzouk, MD, assistant professor of surgery, who is a head and neck and endoscopic skull base surgeon; and
- Wasyl Szeremeta, MD, professor of surgery, who is a fellowship trained pediatric otolaryngologist.

continued on Page 3

Otolaryngology-Head and Neck Surgery (ENT) Now Provides Full Range of Specialized Care

continued from Page 1



Our ENT physicians (from left to right): Drs. Elliot Regenbogen, Wasył Szeremeta, David Schessel, Mark Marzouk, and Ghassan Samara.

Drs. Szeremeta and Marzouk join our three other ENT faculty, whose primary office is located at our facility in East Setauket, NY:

- Elliot Regenbogen, MD, assistant professor of surgery, who specializes in general ENT and laryngology;
- Ghassan J. Samara, MD, associate professor of surgery, who specializes in general ENT, rhinology (disorders of nose and sinuses), and endocrine surgery; and
- David A. Schessel, MD, PhD, associate professor of surgery and chief of otolaryngology-head and neck surgery, who specializes in otology and neurotology (disorders of the ear, and related cancer and nerve pathway disorders).

Our ENT specialists are committed to the highest degree of specialization and expertise in problems of the ear, nose, and throat, plus related head/neck areas, in adults and children.

In addition to our five physicians, our ENT team includes a nurse practitioner, physician assistant, and dedicated audiologist—all committed to our shared mission to provide outstanding, leading-edge otolaryngologic care.

The Division of Otolaryngology-Head and Neck Surgery also serves as a center for outstanding teaching and research. It is anticipated that our residency program in otolaryngology-head and neck surgery will be re-established and gain full accreditation in the near future.

For consultations/appointments with our ENT specialists, please call (631) 444-4121.

Providing a full range of care for both adults and children with disorders and diseases of the ear, nose, and throat, and specializing in:

- Acoustic neuroma
- Branchial cyst
- Cancers
- Cholesteatoma
- Chronic sinus conditions
- Cochlear implants
- Congenital defects
- Dizziness
- Ear ache (otitis externa and media)
- Endocrine disease
- Endoscopy
- Facial nerve problems
- Geriatric otolaryngology
- Hearing loss (deafness)
- Laryngology
- Laser therapy for voice and throat
- Loss of smell and taste
- Ménière's disease
- Minimally invasive procedures
- Nasal airway surgery
- Neurotology
- Nose inflammation (chronic rhinitis)
- Otology
- Parathyroid surgery
- Pediatric otolaryngology
- Pituitary gland tumor removal
- Postnasal drip
- Reflux esophagitis
- Salivary gland stones
- Sinuplasty for chronic sinusitis
- Skull base surgery
- Snoring (sleep apnea)
- Swallowing problems
- Thyroidectomy
- Tonsils and adenoids
- Tracheostomy
- Vertigo
- Voice disorders



New Smithtown Office Expands Our Accessibility

*Offering Full Range Of
Diagnostic And
Consultative Services*

Our Smithtown office is our newest office—opened last May to better serve patients in Smithtown and points west. Here, we see patients who require the following care:

- Breast Surgery
- Cardiothoracic Surgery
- Colon and Rectal Surgery
- General Surgery
- Hand Surgery
- Plastic and Reconstructive Surgery
- Wound Care

Conveniently located on “Doctors Row” in Smithtown—at 222 Middle Country Road (Suite 209), just east of the intersection of route 25A and highway 111—the new office offers patients plenty of easy parking.

Office hours are 8:30 am to 5:00 pm, Monday through Friday.

For consultations/appointments at our Smithtown office, please call (631) 444-4545.

Our ENT practice includes application of the most advanced techniques in minimally invasive and endoscopic surgery; subspecialty care in the disorders and diseases of the neurosensory system including taste, smell, hearing, and balance; and management of deformities and diseases of the airway in newborns and adults.

Our ENT physicians are joined by their colleagues at Stony Brook University Medical Center in the multidisciplinary treatment of cancer and endocrine problems of the head and neck; dysfunction of voice and swallowing; disorders of hearing and deafness; disorders of balance, dizziness, and falling; and the diagnosis and management of diseases of the skull base.